

Top 3 Race Records Between 1985 & 2022 in 2022

	Rank	Athlete	Country	Year	Time	Behind	Age
Male Overall Outright	Run 3	Tim, Van Berkel	AUS	2022	02:45:50	00:01:21	38
Female Overall Outright	Cycle 3	Sarah, Crowley	AUS	2022	04:55:15	00:03:35	39
Male Professionals	Run 3	Tim, Van Berkel	AUS	2022	02:45:50	00:01:21	38
Female Professionals	Cycle 3	Sarah, Crowley	AUS	2022	04:55:15	00:03:35	39
Male 18 to 24 Years	Run 1	Tom, Holland	AUS	2022	02:59:38	--:--:--	23
Male 25 to 29 Years	Run 3	James, Martin	AUS	2022	02:55:22	00:05:08	29
Female 30 to 34 Years	Run 3	Katie, Remond	AUS	2022	03:19:19	00:06:47	31
Male 35 to 39 Years	Overall 1	Matt, Jackson	AUS	2022	08:38:22	--:--:--	35
	2	Rhys, Lawler	AUS	2022	08:39:09	00:00:47	39
Male 35 to 39 Years	Cycle 2	Rhys, Lawler	AUS	2022	04:41:33	00:00:51	39
	3	Georg, Fellner	AUS	2022	04:44:44	00:04:02	38
Male 35 to 39 Years	Run 1	Matt, Jackson	AUS	2022	02:47:46	--:--:--	35
	2	Rhys, Lawler	AUS	2022	02:52:52	00:05:06	39
Male 40 to 44 Years	Cycle 1	Steve, Ledger	AUS	2022	04:40:12	--:--:--	41
Male 40 to 44 Years	Run 1	James, Viles	AUS	2022	02:53:12	--:--:--	41
Female 40 to 44 Years	Overall 3	Kelly, Miller	AUS	2022	10:10:45	00:07:01	43
Male 45 to 49 Years	Overall 1	Adam, Williams	AUS	2022	09:13:04	--:--:--	45
Male 45 to 49 Years	Cycle 1	Adam, Williams	AUS	2022	04:45:45	--:--:--	45
Male 50 to 54 Years	Run 3	Darren, Farlow	AUS	2022	03:18:43	00:13:07	53
Female 50 to 54 Years	Overall 1	Kelly, Phuah	AUS	2022	10:38:49	--:--:--	50
Female 50 to 54 Years	Cycle 1	Kelly, Phuah	AUS	2022	05:23:45	--:--:--	50
Female 50 to 54 Years	Run 2	Nickie, Scriven	AUS	2022	03:42:41	00:04:21	50
Male 60 to 64 Years	Cycle 3	Ken, Raupach	AUS	2022	05:24:58	00:09:22	61
Male 60 to 64 Years	Run 2	Ken, Raupach	AUS	2022	03:45:00	00:16:02	61
Female 60 to 64 Years	Cycle 3	Julienne M, Drysdale	AUS	2022	06:22:36	00:14:57	63



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	Rank	Athlete	Country	Year	Time	Behind	Age
Male 70 to 74 Years	Swim	1 Robert, Pickard	AUS	2022	01:09:30	--:--:--	72
Male 70 to 74 Years	Cycle	2 Robert, Pickard	AUS	2022	06:14:54	00:16:48	72
Female 70 to 74 Years	Overall	3 Shirley J, Rolston	NZL	2022	16:34:36	01:26:20	73
Female 70 to 74 Years	Swim	3 Shirley J, Rolston	NZL	2022	01:44:33	00:20:58	73
Female 70 to 74 Years	Cycle	3 Shirley J, Rolston	NZL	2022	07:55:38	00:44:56	73
Female 70 to 74 Years	Run	3 Shirley J, Rolston	NZL	2022	06:37:02	00:25:03	73